

Adult Coaching Programme Summer 2026

**Ages
18+**

Scan Me!



Day	Group	Time	Court	Experience	Coach
Mon	Daytime Drills	11am-12.30pm	Indoor 1, 2	Advanced	Jerry Rose
Wed	Daytime Drills	10-11.30am	Indoors 1, 2, 3	Intermediate	Jerry Rose
Thurs	Cardio Tennis	9-10am	Indoor 1	All	Tommy Ashton
	Adult Beginners 1	6.30-7.30pm	Carpet 1, 2	Beginners	Keith Lancaster
Fri	Adult Improvers 1	9.30-11am	Indoor	Intermediate	Tommy Ashton
	Adult Beginners 2	7-8pm	Carpet 1, 2	Beginner	Ethan Rouget
Sat	Adult Improvers 2	10-11.30am	Clay 1, 2, 3	Intermediate	Keith Lancaster

Bookings: Go to: www.drhsports.co.uk
Info: lstccoaching@drhsports.co.uk

Summer 2026: 15 weeks
Dates: Apr 13th – July 26th

Letchworth
Sports and Tennis Club

Summer 2026 info

We now do **not** break for the school half-terms