



Junior/Adult Coaching Programme Spring 2026



Day	Group	Time	Age & Experience
Mon	Yellow Club 1	6-7pm	Aged 11-17 Beginner
Tues	U18 Development 1	6.30-8pm	Aged 11-17 Intermediate
	Adult Mixed Coaching	7-8pm	Intermediate (Pay As You Go)
Wed	Yellow Club 2	6-7pm	Aged 11-17 Beginner
	Adult Coaching 1	7-8pm	Beginner/Intermediate
Thurs	U18 Development 2	6.30-8pm	Aged 11-17 Intermediate
Fri	18U Academy	5-6.30pm	Junior Competition Players
Sat	Adult Coaching 2	9-10am	Beginner
	Yellow Club 4	10-11am	Aged 11-17 Beginner
	Yellow Club 5	12-1pm	Aged 11-17 Beginner

Bookings: www.drhsports.co.uk

Info: mktccoaching@drhsports.co.uk

Spring 2026: 16 weeks

Dates: Jan 5th – Mar 29th

Scan Me!



Spring 2026 info

We now do not break for
the school half-terms

Day	Group	Time	Age & Experience
Mon	Red Club 1 - Indoors	5-6pm	Aged 5-8 Beginner
	Orange/Green Club 1	5-6pm	Aged 8-11 Beginner
Tues	Orange Development 1	5-6pm	Aged 8-9 Intermediate
	Green Development 1	6-7pm	Aged 9-10 Intermediate
	U12 Development	5-6.30pm	Aged 11-17 Intermediate
Wed	Red Club 2 - Indoors	5-6pm	Aged 5-8 Beginner
	Orange/Green Club 2	5-6pm	Aged 8-11 Beginner
Thurs	Orange Development 2	4-5pm	Aged 8-9 Intermediate
	Green Development 1	5-6pm	Aged 9-10 Intermediate
Fri	Red Club 3 - Indoors	5-6pm	Aged 5-8 Beginner
Sat	Mini Tots - Indoors	9.15-10am	Aged 3-4 Beginner
	Red Club 4 - Indoors	10-11am	Aged 5-8 Beginner
	Orange/Green Club 3	11am-12pm	Aged 8-11 Beginner

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Spring 2026: 12 weeks
Dates: Jan 5th – Mar 28th

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Spring 2026 info

We now do **not** break for
the school half-terms