

## Junior/Adult Coaching Programme Autumn 2025



Day	Group	Time	Age & Experience
Mon	Yellow Club 1	6-7pm	Aged 11-17 Beginner
Tues	U18 Development 1	6.30-8pm	Aged 11-17 Intermediate
	Adult Mixed Coaching	7-8pm	Intermediate (Pay As You Go)
Wed	Yellow Club 2	6-7pm	Aged 11-17 Beginner
	Adult Coaching 1	7-8pm	Beginner/Intermediate
Thurs	U18 Development 2	6.30-8pm	Aged 11-17 Intermediate
Fri	18U Academy	5-6.30pm	Junior Competition Players
Sat	Adult Coaching 2	9-10am	Beginner
	Yellow Club 4	10-11am	Aged 11-17 Beginner
	Yellow Club 5	12-1pm	Aged 11-17 Beginner

**Bookings:** www.drhsports.co.uk **Info:** mktccoaching@drhsports.co.uk **Autumn 2025: 16 weeks Dates:** Sept 1<sup>st</sup> – Dec 20<sup>th</sup>



We now do **not** break for the school half-terms