

# Letchworth Sports & Tennis Club

## Adult Coaching Programme

### Summer 2024



Ages  
18+

Day	Group	Time	Court	Experience	Coach
Mon	Daytime Drills	11am-12.30pm	Indoor 1, 2	Intermediate	Jerry Rose
Tues	Adult Beginners	7-8pm	Indoor 1, 2, 3	Beginner	Ethan Rouget
Wed	Daytime Drills	10-11.30am	Indoors 1, 2, 3	Intermediate	Jerry Rose
Thurs	Cardio Tennis	9-10am	Indoor 1	All	Joe Tirrell
Fri	Adult Improvers 1	9.30-11am	Indoor	Intermediate	Dominic R-H
	Cardio Tennis	7-8pm	Indoor	All	Joe Tirrell
Sat	Adult Improvers 2	10-11.30am	Clay 2, 3	Intermediate	Keith Lancaster

Bookings: Go to: [www.drhsports.co.uk](http://www.drhsports.co.uk)  
 Info: [lstccoaching@drhsports.co.uk](mailto:lstccoaching@drhsports.co.uk)

Spring 2024: 13 weeks  
 Dates: Apr 15<sup>th</sup> – Jul 21<sup>st</sup>

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